

Looking Ahead To Practicalities and Barriers



See the dragon sleeping; nostrils flaring, eye lids flickering. Dreaming?
Hind legs bent, tail wrapped around flanks,
Not taut, but primed to unfurl at any time.
No tension in this beast though it knows not what the future holds.
Ready to leap when the time is right.
Knowing tension, stress and anxiety will not assist in staying focused.
Only true alignment with oneself will do that.
Battles will come and storms will rage,
Life will happen around and with us,
Like the resting dragon each of us needs to know are true strength and identity.
Then we can rest fully knowing what to get involved with
And what to let roll across our consonant form.